



## Interested in a Parent/Guardian Book Talk?

"We live in a world where 'boredom' is a dirty word, and people often compete to see who's busier, as if their sense of self-worth could be measured by how little time they have." - Stixrud and Johnson, 2018

*The Self-Driven Child: The Science and Sense of Giving Your Kids More Control Over Their Lives* (2018), written by Stixrud and Johnson, provides readers with brain science to help parents and educators shift their focus from micromanaging to building children's autonomy. *The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed* (2016), written by Lahey, posits, "Sometimes courage looks like failure." Lahey, teacher and parent, takes the position that everyone needs to learn how to fail because failure is inevitable and is the ultimate path to success.

If you are interested in reading one or both of these bestselling books by section and then meeting with other parents and Dr. Da Giau for discussion, please join the group. You do not have to attend all of the Book Talks to participate.

Book Talk Meetings are scheduled as follows:

- 16 October 2019 - 1:00 PM or 7:00 PM (Self-Driven Child: Chapters 1-7)
- 6 November 2019 - 1:00 PM or 7:00 PM (Self-Driven Child: Chapters 8-14)
- 15 January 2020 - 1:00 PM or 7:00 PM (Gift of Failure: Parts I & II)
- 11 March 2020 - 1:00 PM or 7:00 PM (Gift of Failure: Part III)