

# HILLSIDE ELEMENTARY SCHOOL AFTER SCHOOL ENRICHMENT PROGRAM (ASEP) Winter/Spring 2023

## **MONDAYS**



### **Winter Wonderland Art**

Grades: K-2

Time: 3:20-4:20pm

Company/Instructor: Abrakadoodle

[www.abrakadoodle.com](http://www.abrakadoodle.com)

Join Abrakadoodle for an awesome mixed media art experience. Create snowy owls, playful penguins, warm up to a steaming cup of hot cocoa and so much more! Each week features a new art project – we will paint with tempera and watercolor paints plus use clay and other materials to create awesome masterpieces. Let your imagination run wild in our winter wonderland art series!



### **Acrylic Artists**

Grades: 3-4

Time: 3:20-4:20pm

Company/Instructor: STEAM-TO-GO

These courses are specially designed for students who have a desire to learn how to paint with confidence. Our acrylics classes will lead students to express their own individual creativity with our developed methods. Paintings are done on canvas and will take 1-2 class periods to complete.



### **Great Treasure Hunt**

Grades: K-4

Time: 3:20-4:20pm

Company/Instructor: Team Makers

<http://www.teammakers.com/>

Children perform hi-energy, interactive games solving challenges while having a ton of fun. Each activity requires the children to work together, exhibit and learn leadership skills and will challenge their imagination. All games are giant-sized games with every child participating, moving, and working together. On the last week, all children receive a family-sized game to take home. While the children are constantly active, having fun solving the challenges, they will be learning how to think critically, lead activities, and problem-solve, which will help them in their daily lives at home and in school.

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### **Cooking 1**

**Time: 3:20-4:20pm**

**<http://www.healthbarnusa.com/>**

**Grades: K-1**

**Company/Instructor: HealthBarn USA**

Calling all Hillside chefs! In this super yummy class, students will cook french fries, sushi, salsa, pasta with pesto sauce, guacamole, and many more delicious recipes! Each class includes a lesson, cooking preparation and eating a HealthBarn USA naturally delicious recipe. (Copies of recipes will go home each week.) Who's hungry?

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### **Hip Hop Dance**

**Time: 3:20-4:20pm**

**<https://www.dancemanagementllc.com>**

**Grades: 1-4**

**Company/Instructor: Dance Management**

Students who love to move will enjoy this fun filled class! Enjoy learning the latest hip hop dance moves and cool hip hop routines.

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## **Beginner Chess 1**

Time: 3:20-4:20pm

<http://www.icanj.net>

Grades: K-2

Company/Instructor: ICA

Students will learn names of pieces, basic moves and develop chess skills, strategies and sportsmanship. Students will also have competitive play.

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## **Beginner Chess 2**

Time: 3:20-4:20pm

<http://www.icanj.net>

Grades: 1-3

Company/Instructor: ICA

Students will learn names of pieces, basic moves and develop chess skills, strategies and sportsmanship. Students will also have competitive play.

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## **Advanced Beginner Chess**

Time: 3:20-4:20pm

<http://www.icanj.net>

Grades: 3-4

Company/Instructor: ICA

Students who finish the beginner class will continue to learn more in chess skills, strategies and tactics, which include Basic tactics I (tactical devices to gain material for later strategic victory), Basic tactics II (simple combination) and End of Game Principles. Students will also have some competitive play with each other in class.

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**TUESDAYS**



## **Cooking 2**

**Grades: K-2**

**Time: 3:20-4:20pm**

**Company/Instructor: HealthBarn USA**

<http://www.healthbarnusa.com/>

Calling all Hillside chefs! In this super yummy class, students will cook french fries, sushi, salsa, pasta with pesto sauce, guacamole, and many more delicious recipes! Each class includes a lesson, cooking preparation and eating a HealthBarn USA naturally delicious recipe. (Copies of recipes will go home each week.) Who's hungry?

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## **Cooking 3**

**Grades: 2-4**

**Time: 3:20-4:20pm**

**Company/Instructor: HealthBarn USA**

<http://www.healthbarnusa.com/>

Calling all Hillside chefs! In this super yummy class, students will cook french fries, sushi, salsa, pasta with pesto sauce, guacamole, and many more delicious recipes! Each class includes a lesson, cooking preparation and eating a HealthBarn USA naturally delicious recipe. (Copies of recipes will go home each week.) Who's hungry?

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## **ABCs of Pet Care**

**Grades: 1-2**

**Time: 3:20-4:20pm**

**Company/Instructor: Little Veterinarian School**

<http://www.littlemedicalschool.com/nejersey>

Which child doesn't at some point want to be a vet? Our young learners will begin their Little Veterinarian School experience, by adopting their own cute stuffed puppy, which they will learn to care for, and take home at the end of the course. During this course, aspiring vets will learn how to perform a nose-to-tail exam, how to examine dogs and assess their health, the importance of proper nutrition, perform a tick check, identify animal body language and learn how to treat common illnesses and deliver immunizations. They even get to learn some basic suturing skills!

The Little Veterinarian School curriculum was designed by a team of board-certified physicians and is led by a trained and background-checked instructor passionate about sharing medical knowledge with aspiring young learners. Watch your child beam with pride when he or she earns a diploma on graduation day! A must for young animal lovers!

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### **Brixology**

**Time: 3:20-4:20pm**

**<https://www.madscience.org/>**

**Grades: K-4**

**Company/Instructor: Madscience**

BRIXOLOGY sets the foundation for our next generation of makers! Kids learn about different types of engineering and then team up to construct a different engineering-themed project using LEGO® bricks. They learn about aerospace engineering while assembling a space station. They explore mechanical engineering as they build boats and vehicles. That's not all, from carnival rides to drawing machines, mechanical animals to truss bridges; your future engineer will build upon their creativity to solve real-world design challenges, while developing their problem-solving and team-building skills. Let the tinkering begin!

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### **Garden Arts**

**Time: 3:20-4:20pm**

**[www.gardenartsforkids.com](http://www.gardenartsforkids.com)**

**Grades: 1-4**

**Company/Instructor: Robin Johnson**

Ready to have fun with art & nature? Girls and boys will have a blast with hands-on learning, exploring animals, nature, the environment, recycling and gardening, all while having fun through creative, eco-art projects and activities. It's a great way for kids to appreciate and take part in the world they live in! Each class includes a make & take home project, as well as take home activity sheets!

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### **Yoga**

**Time: 3:20-4:20pm**

**[www.insightyogaandmeditation.com](http://www.insightyogaandmeditation.com)**

**Grades: K-3**

**Company/Instructor: Insight Yoga**

An introductory kids Yoga class filled with engaging poses to increase gross and fine motor skills in addition to games, songs, stories, imaginative play, and activities aimed at providing kids with tools to connect with their community and individual needs.

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## **Tennis**

**Grades: 1-4**

**Time: 3:20-4:20pm**

**Company/Instructor: TGA**

[www.PlayTGA.com](http://www.PlayTGA.com)

Coaches lead students through station-based drills and activities that develop the fundamental skills of tennis through easy-to-understand concepts that are fun and engaging. Using skill-based drills that can be done anywhere, students develop the fundamentals, explore academic concepts through game play, and practice life skills, such as sportsmanship and respect.



## **HNN Roving Reporter**

**Grades: 3-4**

**Time: 3:20-4:20pm**

**Company/Instructor: Miss Jost & Miss Iyo**

Students will write, shoot and edit their own news segments for Hillside News Network (HNN). Students will use iMovie software to create a segment that will be aired on HNN.

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## **Real Life Minecraft-Style Games**

**Grades: K-4**

**Time: 3:20-4:20pm**

**Company/Instructor: Team Makers**

<http://www.teammakers.com/>

Using different materials each week, children will build castles, forts, structures and then defend them against the other team. They will be encouraged to use their imagination and thinking

skills. They will learn to blend both their cooperation and leadership abilities in order to finish the engaging activities. Some of the games including giant buckets where the child taking turns building various structures to protect themselves against the “invaders,” others require the group to build large structures using giant legos or foam blocks and then moving them to other areas. In yet another game, the children will construct a large integrated walkway and then navigate it as a group without touching each other to get to “the other world” and defend it. It is stimulating and active, yet challenging to do. While the children believe they are just having fun, the reality is that they are developing teamwork and problem solving skills that will last a lifetime.

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### **Tae Kwon Do**

**Time: 3:20-4:20pm**

**[Tiger Kim's Taekwondo \(tigerkimsusa.com\)](http://tigerkimsusa.com)**

**Grades: K-2**

**Company/Instructor: Tiger Kim TKD**

Taekwondo is a Korean Martial Art, which involves the kicking and punching philosophy to reconcile the body and mind. The children will learn self-defense techniques, build self-confidence and self-discipline while having a great time. For the duration of the 9 week period with a master instructor, kids will be practicing basic kicks, punches and forms while they learn about the philosophy, respect and discipline involved in learning the martial arts. Students will be socially distanced.

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### **Circuits & Robotics**

**Time: 3:20-4:20pm**

**<https://www.steam-to-go.com>**

**Grades: 1-4**

**Company/Instructor: STEAM-TO-GO**

This unique class combines elements of basic robotics with introductory circuitry. Students will use LEGO WeDo 2.0, which will enable them to explore the building blocks of coding. From simple drag and drop interfaces to developing more complex algorithms, kids will bring their ideas to life with code. They will also work with the smaller golf ball, Ozobot, as they continue to explore coding and programming. After working with LEGO robotics and Ozobots we will move onto circuitry. Students will learn basic circuitry using wires, batteries, lights, and more. Throughout the session they will build and engineer take home robots that move along with other new and exciting circuitry projects!

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## WEDNESDAYS



### **World of Design**

**Time: 3:20-4:20pm**

**<https://www.madscience.org/>**

**Grades: 1-4**

**Company/Instructor: Madscience**

Think it! Draw it! Make it! Take a journey to the farthest reaches of the imagination while learning about the rainforest, Hollywood, Mars, and a futuristic city! Use the design thinking process to solve real-world problems in these different environments. Experiment with Crayola® products and many art techniques like sculpting, storyboarding, collage, and mixed media.



### **Motorized Builds**

**Time: 3:20-4:20pm**

**[www.bricks4kidz.com/389](http://www.bricks4kidz.com/389)**

**Grades: K-4**

**Company/Instructor: Brick 4 Kidz**

This is a hands-on class where students will design and build machines, catapults, pyramids, derby cars, buildings and other constructions out of LEGO® bricks. While exploring engineering, architecture and physics, students will develop problem solving and critical thinking skills. Participants build a new project each month. Architectural concepts are taught while assembling buildings, bridges and other structures. Once the project is completed, children use the rest of their time to expand their gadgets and collaborate with one another.

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### **Junior Robotics**

**Time: 3:20-4:20pm**

**[www.bricks4kidz.com/389](http://www.bricks4kidz.com/389)**

**Grades: 3-4**

**Company/Instructor: Brick 4 Kidz**

How would you like to turn your next LEGO creation into a robot, programmed to do exactly what you tell it to do? The Bricks 4 Kidz Junior Robotics camp offers all the fun of building with LEGO Bricks, plus the challenge of computer programming! Using drag-and-drop, icon-based software, the WeDo software provides an introduction to the world of computer programming and robotics that will equip children to succeed in a technology-based marketplace. This fun, action-packed week combines real life skills with real kid fun.

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### **Keyboarding**

**Time: 3:20-4:20pm**

**[WWW.BEGINMUSIC.COM](http://WWW.BEGINMUSIC.COM)**

**Grades: K-3**

**Company/Instructor: MusicStart**

MusicStart® is a patented progressive music learning system that balances fun and development of skills. Using familiar songs, it teaches all the necessary basics to get started playing music. The MusicStart® Keyboard uses 4 instructive Attachments that vary the challenge from color matching to letter matching to note matching and reading standard musical notation. MusicStart® is preparation for (or a supplement to) playing any instrument and teaches step-by-step problem solving. All materials are provided.

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### **HNN Roving Reporter**

**Time: 3:20-4:20pm**

**Grades: 3-4**  
**Company/Instructor: Miss Jost & Miss Iyo**

Students will write, shoot and edit their own news segments for Hillside News Network (HNN). Students will use iMovie software to create a segment that will be aired on HNN.

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## **Famous Artists**

**Time: 3:20-4:20pm**

**Grades: K-4**

**Company/Instructor: STEAM-TO-GO**

From photographs to painters to sculptures, we will create renditions of some of the most famous works of art and learn a lot about those artists along the way. Gain a real appreciation for studying artwork and creating your own this season of STEAM-to-go Art!

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## **Basketball 1**

**Time: 3:20-4:20pm**

**[www.cmek.com](http://www.cmek.com)**

**Grades: K-2**

**Company/Instructor: CMEK**

CMEK is the Premier Basketball Program geared towards the development of kids' abilities in Basketball. The Coaching staff helps develop young athletes make challenging goals for themselves and help them to pursue those goals. CMEK strives to maintain a balance between teaching and fun, structure and freedom, and supervision and competition.

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## **Basketball**

**Time: 3:20-4:20pm**

**[www.cmek.com](http://www.cmek.com)**

**Grades: 2-4**

**Company/Instructor: CMEK**

CMEK is the Premier Basketball Program geared towards the development of kids' abilities in Basketball. The Coaching staff helps develop young athletes make challenging goals for themselves and help them to pursue those goals. CMEK strives to maintain a balance between teaching and fun, structure and freedom, and supervision and competition.